

How to Survive A Scary Season

Sermon Series: Fear Factor



Mark 4:35-41

HOW TO SURVIVE A SCARY SEASON

- 1 Don't assume a scary situation means you've made a wrong turn.
- 2 Stay on the path no matter how scary it gets.
- 3 Judge God's goodness by the cross, not by today's trial.
- 4 God's guidance & provision always comes one step at a time.
- 5 There's often a way out – sometimes it just takes a while.

REALife Application

QUICK REVIEW - Looking back over your sermon notes, which particular point or passage of Scripture most challenged, confused or caught your attention?

1. Can you think of a time in your life when you found yourself in a wilderness type experience? If so, is there anything you're glad you did or wish you would have done differently? If so, explain. Do you have a typical first response?
2. In Matthew 14:22-36 the disciples found themselves in a scary situation, trapped on a boat in the middle of a storm. Imagine being in that situation. As you read the story take notice of the thoughts, actions and attitudes of all of those involved. Who and what do you relate to or identify with most in this story (and why)?

What statements or points from this week's sermon might have been good for the disciples to know or apply in this situation?

Which actions or attitudes are most important for you to take note of when it comes to surviving your own storms?

3. We heard this weekend that we need to be careful not to run from or make compromises to get out of our wilderness experiences. Read Psalm 73:1-5 and notice how Asaph was tempted to compromise and take a shortcut out. How often do you think people have a temptation similar to Asaph and what kind of short cuts do they take today?

How did Asaph avoid the shortcut? (Psalm 73:13-17, 26-28)

When you find yourself in a wilderness situation what are shortcuts you are most tempted to take – and how might they short-circuit what God wants to do or reveal to you?

4. We also saw this week that God “provides and guides” even in the wilderness. Yet as many of us have found, God's timing and what He delivers is oftentimes different than what we expect. What do the following verses have to say about God's “just in time” delivery system?

Joshua 1:9

Isaiah 55:8-11

Isaiah 59:1-2

John 14:26-27

Hebrews 10:25

Have any of these been more helpful for you than the others when it comes to surviving in the wilderness? Are there any you need to increase?

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_____.
- ❷ Stay on the path no matter _____.
- ❸ Judge God's goodness by the _____, not by _____.
- ❹ God's guidance & provision always comes _____
_____.
- ❺ There's often a way out – sometimes it _____.

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